

The Virtues of Aging in Place



Over the next 20 years, the number of Americans over age 65 is anticipated to double. Surveys show the majority want to stay in their homes as they age. With the cost of nursing homes and senior living facilities skyrocketing, this makes economic sense.

Now is the time to consider changes you can make to your home to age in place. Having recently become CAPS certified Design InSite can be of service. We are aware of solutions and simple changes that will enhance the functionality of your home without sacrificing aesthetics, even if retirement seems a long way off.

Bathrooms are of particular importance. A curb-less shower, a platform tub, an open floor plan and a vanity at seated height allow someone with limited mobility, access, yet still look current and are visually appealing. Increased ambient and task lighting levels are also very important as one ages.

Design InSite recently consulted with a couple in their 70's who were intent on staying in their home but knew it presented some design challenges. It was determined with a chair lift, a wider entry to their kitchen, a platform lift hidden behind shrubbery at their entry and a larger, curb-less shower, they could stay in their home for the foreseeable future. The client commented, "With the guidance of Design InSite and a mobility specialist, we were able to assess the challenges and benefits of staying in our home. We've opted to age in place and we feel the expertise of the CAPS professionals was integral in making this decision."



Do you have a new project? Let us know.

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